## **Calendar of Events**

admin@monamoms.org

December 2, 2024

Tea with Santa and Mrs. B - December 2
Tea With Mrs. B
136 W. Jefferson St.
Falls Church, VA 22046
04:00 PM - 05:30 PM EST

MONA is partnering with Mrs. B again this year for the 14th Annual "Tea with Santa and Mrs. B"! There are limited slots register early!

In years past, Mrs. B and St. Nick held a private tea party to review the 'naughty and nice' list. Now, Mrs. B invites children (and parents) to join for this festive fête. Promising to be a merry and memorable time, this event is sure to spark the Advent and Christmas magic in everyone as well as reinforce Santa and Mrs. B's favorite good manners. It will be held in our NEW grand ballroom adjoining the tearoom.

Event Details December 2, 2024 4:00 - 5:30 pm 136 W. Jefferson St. Falls Church, VA 22046

Ticket Details
Tickets are only \$70 for MONA members (regularly \$125 per person)
Each attendee needs a ticket.
Tickets are limited so register today!

December 8, 2024

Nutcracker Petites by BalletNova - 12/8 @ 1pm - ONLY AVAILABLE TILL MONDAY, 9/30/24 BalletNova Center for Dance 3443 Carlin Springs Road

Falls Church, VA 22041

01:00 PM - 02:00 PM EST

MONA Discounted tickets only available till MONDAY, September 30, 2024

Nutcracker Petites

The perfect "first ballet" experience created specifically for children ages 5 and under.

At just 45 minutes, our Pre-school Petite Performance features excerpts that will enchant your child and capture their imagination. Performed at the BalletNova Fredgren Theatre.

Free mini ballet class after the performance for attendees ages 3-5.

Location:

BalletNova Center for Dance 3443 Carlin Springs Road, Falls Church VA 22041

Ticket Information:

\$10 Children (12 and under) (regularly \$15) \$20 Adults (regularly \$25)

General Admission Seating

Accessibility notes: All seating beyond the first row requires stair access. Please notify the studio if you would like to request assistance and/or reserved seating due to accessibility requirements.

Tickets will be picked up at Will Call, under MONA group, at the event.

December 8, 2024

THE POLAR EXPRESS Train Ride - December 8 @ 10 am

B&O Railroad Museum 901 W. Pratt Street

Baltimore, MD 21223

10:00 AM - 12:00 PM EST

All aboard for THE POLAR EXPRESS™!

Create a Christmas memory that you and your family will treasure forever – a journey to the North Pole via THE POLAR EXPRESS<sup>TM</sup>. Immerse yourself in the classic children's book, THE POLAR EXPRESS<sup>TM</sup> by Chris Van Allsburg. In this beloved story, a young boy takes a magical Christmas Eve train ride to the North Pole and receives a special gift from Santa.

Characters from this award-winning book come to life through this magical holiday journey. The conductor punches your golden ticket on board THE POLAR EXPRESS<sup>TM</sup>. Chefs serve you hot chocolate and cookies while you listen to THE POLAR EXPRESS \*\* story on board THE POLAR EXPRESS\*\* train ride. Santa's helpers provide holiday cheer and every passenger personally receives from Santa, the first gift of Christmas – a silver sleigh bell. Children of all ages will BELIEVE!

THE POLAR EXPRESS sells out every year, so plan ahead and reserve your spots now.

BRONZE Seats - normally \$70-85 per ticket but only \$64 for MONA members - adults and children alike!

This package is for INDIVIDUAL tickets.

These heated rail cars provide comfortable, upholstered seating. Chefs serve passengers hot chocolate and cookies. All children receive a golden ticket and silver sleigh bell from Santa while on their magical journey. Children 2 years old and younger that are sitting in a parent's lap do not need a ticket.

December 14, 2024

THE POLAR EXPRESS Train Ride - December 14 @ 10 am

B&O Railroad Museum 901 W. Pratt Street

Baltimore, MD 21223

10:00 AM - 12:00 PM EST

All aboard for THE POLAR EXPRESS™!

Create a Christmas memory that you and your family will treasure forever – a journey to the North Pole via THE POLAR EXPRESS™. Immerse yourself in the classic children's book, THE POLAR EXPRESS™ by Chris Van Allsburg. In this beloved story, a young boy takes a magical Christmas Eve train ride to the North Pole and receives a special gift from Santa.

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December 14, 2024

THE POLAR EXPRESS Train Ride - December 14 @ 2:30 pm

**B&O Railroad Museum** 

901 W. Pratt Street

Baltimore, MD 21223

02:30 PM - 04:30 PM EST

All aboard for THE POLAR EXPRESS™!

Create a Christmas memory that you and your family will treasure forever – a journey to the North Pole via THE POLAR EXPRESS™. Immerse yourself in the classic children's book, THE POLAR EXPRESS™ by Chris Van Allsburg. In this beloved story, a young boy takes a magical Christmas Eve train ride to the North Pole and receives a special gift from Santa.

Characters from this award-winning book come to life through this magical holiday journey. The conductor punches your golden ticket on board THE POLAR EXPRESS<sup>TM</sup>. Chefs serve you hot chocolate and cookies while you listen to THE POLAR EXPRESS TM story on board THE POLAR EXPRESS<sup>TM</sup> train ride. Santa's helpers provide holiday cheer and every passenger personally receives from Santa, the first gift of Christmas — a silver sleigh bell. Children of all ages will BELIEVE!

THE POLAR EXPRESS sells out every year, so plan ahead and reserve your spots now.

Tickets available for purchase:

SILVER CLASS Seats - normally \$400 for four tickets but only \$320 for MONA members!

This package is for FOUR seats in a quad seating arrangement (two facing bench seats) AND has assigned seating.

Only 10 packages are available!

Silver seats in this rail car provides quad seating for a family of four for ages 2 and up. Children 2 years old and younger who are sitting in a parent's lap do not need a ticket. This heated rail car provides comfortable, upholstered seating. Chefs serve passengers hot chocolate and cookies. All passengers receive a golden ticket and silver sleigh bell from Santa while on their magical journey to the "North Pole". Please note that this rail car is not handicap accessible.

BRONZE Seats - normally \$70-85 per ticket but only \$64 for MONA members - adults and children alike!

This package is for INDIVIDUAL tickets.

These heated rail cars provide comfortable, upholstered seating. Chefs serve passengers hot chocolate and cookies. All children receive a golden ticket and silver sleigh bell from Santa while on their magical journey. Children 2 years old and younger that are sitting in a parent's lap do not need a ticket.

January 5, 2025

SoulCycle - MONA Exclusive Ride

**SoulCycle** 

2700 Clarendon Blvd Suite 300

Arlington, VA 22201

01:00 PM - 01:45 PM EST

Start the new year off right with a MONA-exclusive SoulCycle ride! This ride is ONLY open to MONA members so it is a great time to try out a new workout with other parents. MONA members can sign up for this private class for only \$27.50 per member! Price includes bikes, water and shoes.

SoulCycle is a 45-minute, high-intensity, indoor cycling, cardio workout. Their signature classes are designed to strengthen your mind, body, and soul with instructors who will coach you through distinct sections of climbs, sprints, choreography, weights and their iconic soulful moment.

Event Details January 5, 2025

1:00 pm

SoulCycle Clarendon (2700 Clarendon Blvd Suite 300, Arlington, VA 22201)

\$27.50/member

January 11, 2025

### **Orangetheory Fitness/ MONA Private 3G Class**

**Orangetheory Fitness** 

4201 Wilson Blvd.

Arlington, VA 22203

12:30 PM - 01:30 PM EST

Start the new year off right with a MONA-exclusive 3G 60-minute class. This class is ONLY open to MONA members so it is a great time to try out a new workout with other parents. MONA members can sign up for this private class for only \$8 per member!

Members will switch between rower, floor workout, and treadmill. All fitness levels are welcome!

Event Details

January 11, 2025

12:30 pm

Orangetheory Fitness (4201 Wilson Blvd, Arlington, VA 22203)

\$8/member

January 25, 2025 - January 25, 2025 Monster Jam - Saturday, 1/25/25 @ 1pm Capital One Arena (Previously Verizon Center) 601 F Street NW Washington, DC 20004

Please note: To be sure requested seats are still available, discounted tickets are available for purchase until 11/8/24 at 11am.

Monster Jam 2025

01:00 PM - 03:00 PM EST

Experience Monster Jam® live and become a fan for life. With awesome trucks, amazing stunts and action-packed excitement, it's the definition of fun for everyone! You'll be close to the action watching the world's best drivers tear up the dirt and show off crazy skills and all-out racing in fierce head-to-head battles of speed and skill. Plus, you get to score the drivers in real time based on their skills, stunts and saves. See the world's most popular trucks like Grave Digger®, El Toro Loco®, Sparkle Smash, and more only at Monster Jam. As Big As It Gets!

Capital One Arena Show times: Saturday, January 25th, 2025 | 1:00 PM

2 Options - PLEASE make sure everyone in your party has the same ticket option. \$32 - Top of section 406-411 and 423-428 –(normally \$43.81)

\$65 - Section 202-205, 210-213, 217-220, 225-228 - (normally \$87.39)

February 1, 2025 - February 1, 2025 PAW Patrol Live! Feb 1 @ 2pm EagleBank Arena 4500 Patriot Circle Fairfax, VA 22030 02:00 PM - 03:00 PM EST

Please note: MONA discounted tickets are available for purchase until 11/8/24 at 11am. Tickets will be transferred to your email before the event.

Get ready to PAW-ty like never before in a fantastic new PAW Patrol Adventure!

After Chase, Marshall, Skye and the gang save Adventure City with their Mighty Pup Powers, it's time for the paw-some-est street party ever. But when Supervillain Scientist Victoria Vance feels left out of the festivities, she unleashes her latest invention to crash the party and steal the spotlight for herself! Can the Mighty Pups, armed with their super-charged powers, outsmart Victoria to ensure Adventure City's biggest bash goes off without a hitch? It'll take the power of paw-sitivity and mighty teamwork to foil her plans and keep the party pumping! With heroic action, catchy tunes and bark-loads of interactive fun, PAW Patrol's electrifying new adventure is sure to leave tails wagging and audiences cheering!

PLEASE make sure everyone in your party has the same ticket option. Pay attention to dates/time/locations.

Eagle Bank Arena Show Times:

\$32 - Top half of section 107 or 110 - (normally \$58.25)

\$52 - Bottom half of 108 and 109 - (normally \$79.90)

- -MONA does not offer refunds or transfers
- -Please contact for questions or outings@monamoms.org

February 21, 2025 - February 21, 2025 TOBYMAC ? 2/21/2025 7pm

EagleBank Arena 4500 Patriot Circle Fairfax, VA 22030

07:00 PM - 09:00 PM EST

Please note: MONA discounted tickets are available for purchase until 11/8/24 at 11am. Tickets will be transferred to your email before the event.

What is it like to have an epic dance party with thousands of new friends? Experience it live at TobyMac Hits Deep 2025! With a stellar lineup that includes TobyMac, Crowder, CAIN, Ryan Stevenson, and Terrian, this show promises to be an unforgettable night like no other. You will be on your feet, singing your heart out, feeling the pure energy in the room.

PLEASE make sure everyone in your party has the same ticket option. Pay attention to dates/time/locations.

Eagle Bank Arena Show Times:

\$33 - Middle of section 104-107 and 110-113 OR top rows of 102-103 and 114-115 - (normally \$42.00)

\$43 - Middle of section 102-103 and 114-115 OR front of 107 and 110 OR top of 108 and 109 - (normally \$53.35)

- -MONA does not offer refunds or transfers
- -Please contact for questions or outings@monamoms.org

March 7, 2025 - March 7, 2025

# Harlem Globetrotters Tickets - 3/7 @ 7pm Eagle Bank Arena Eagle Bank Arena

07:00 PM - 08:00 PM EST

Please note: MONA discounted tickets are available for purchase until 11/8/24 at 11am. Tickets will be transferred to your email before the event.

Please include best email for your personal Ticketmaster account when submitting order so the tickets can be transferred to the correct location.

#### Harlem Globetrotters

The Harlem Globetrotters are worldwide basketball icons. Founded by Abe Saperstein in 1926, the Globetrotters have been introducing people all over the world to basketball for nearly a century. Seeing the Globetrotters is more than just witnessing a game -- it's an event. And in 2025, it will be a new year with a new global tour and new challenges! You'll see all that you've come to expect at every Globetrotters game, plus new trials as players face-off to see who can pull off astonishing trick shots and more. See your favorite Globetrotters stars and their renowned rivals, the Washington Generals, live as they challenge themselves and each other to new moves, new shots, and new innovations.

PLEASE make sure everyone in your party has the same ticket option. Pay attention to dates/time/locations.

Harlem Globetrotters at Eagle Bank Arena

\$33 - Section 104-113 and 119-128 - (normally \$49.50)

\$41 - Section 103,114,118, and 129 - (normally \$59.80)

\$56 - Top half of section 102,115,117, and 130 - (normally \$82.45)

All MONA Outings registrations are final. No refunds, returns, or exchanges.

December 4, 2024

### **MONA Book Club Holiday Book Swap**

A member's home Donaldson Run

,

06:30 PM - 08:30 PM EST

Kristen,

kristen.tyagi@gmail.com

Join your fellow MONA Book Club members for a fun holiday book club gathering!

Date: Wednesday, December 4

Time: 6:30 PM

Location: A member's home in Donaldson Run

In lieu of reading a common book this month, we'll be doing a book swap:

Please bring a favorite book (new or gently used, from any category – fiction, non-fiction, recent or classic)

Wrap your book and include a little note on why you loved the book (but don't reveal the name of the book!)

Each attendee will go home with a new book to read over the holidays!

Location: Member's home in Donaldson Run (address will be shared with attendees)

December 9, 2024

## Social Media Savvy: Guiding Kids Through Digital Relationships Virtual

07:15 PM - 08:15 PM EST

In this session, we'll explore how to help kids build healthy, respectful relationships in the digital world. Parents will learn key strategies for setting boundaries, encouraging open communication, and promoting positive social interactions on social media. We'll also discuss ways to address potential challenges like online peer pressure, digital etiquette, and privacy, empowering parents to guide their children toward safe, balanced online experiences.

#### Tiffanev's Bio:

Hi, my name is Tiffaney! I'm originally from Pittsburgh, PA (Go Steelers!) and currently reside in Falls Church, VA. I have 8 years of experience in the counseling field, working both as an elementary school counselor for APS and as a Resident in Counseling at Wise Family Wellness since 2020. In my role as a school counselor, I'm passionate about teaching students essential tools to manage their emotions and frequently consult with parents and teachers on supporting children's mental health. I also coordinate parent workshops focused on emotional well-being and resilience. My private practice experience has deepened my passion for supporting tweens, teens, and adults (ages 10-34) as they navigate challenges like anxiety, ADHD, depression, life transitions, relationship issues, and emotional regulation.

## Wise Family Wellness:

Wise Family Wellness is a Northern Virginia-based counseling and assessment practice with over 30 years of training and experience in the field of child and adolescent development.

Our focus is to support the emotional and intellectual strengths of children, teens and families. Through individual and group counseling, strategic psychoeducation with families, and educational assessment, Wise Family Wellness works to encourage the growth of emotional intelligence, flexibility, resilience and family connection in order to ensure success both at home and in life.

December 11, 2024

#### **MONA BEN: Holiday Party**

07:00 PM - 09:00 PM EST
Save the date for the MONA BEN Holiday Party!

Event Details December 11, 2024 7-9 pm Location: TBD December 14, 2024

## **MONA Member Social - Go Bananas Dancing!**

11:00 AM - 12:00 PM EST

Performer: Go Bananas Dancing

Come get the winter wiggles out with Go Bananas Dancing. Full of movement and fun for everyone!

December 14, 2024

11am

Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the December social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

December 18, 2024

## **Mona Special Moms December Lunch**

**Ballston Quarter - Food Court** 

4238 Wilson Blvd.

Arlington, VA 22203

12:00 PM - 01:00 PM EST

All are welcome - including partners and children - to join the Mona Special Moms group as we gather to have lunch, talk, and share experiences! Join us at Ballston Quarter Food Court for a casual meetup.

January 11, 2025

#### MONA Member Social - Mr. Jon and Friends

11:00 AM - 12:00 PM EST

Performer: Mr. Jon and Friends

Come join the musical fun of Mr. Jon and his guitar. Move and dance while he plays our favorite kids' tunes!

January 11, 2025

11am

Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the January social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

January 15, 2025

MONA Book Club: "Gift from the Sea" by Anne Morrow Lindbergh
Verre Wine Bar
2415 Wilson Blvd
Arlington, VA 22201
07:00 PM - 08:30 PM EST
Join the MONA Book Club for our January read: "Gift from the Sea" by Anne Morrow
Lindbergh

#### About the book:

In this inimitable, beloved classic—graceful, lucid and lyrical—Anne Morrow Lindbergh shares her meditations on youth and age; love and marriage; peace, solitude and contentment as she set them down during a brief vacation by the sea. Drawing inspiration from the shells on the shore, Lindbergh's musings on the shape of a woman's life bring new understanding to both men and women at any stage of life. A mother of five, an acclaimed writer and a pioneering aviator, Lindbergh casts an unsentimental eye on the trappings of modernity that threaten to overwhelm us: the time-saving gadgets that complicate rather than simplify, the multiple commitments that take us from our families. And by recording her thoughts during a brief escape from everyday demands, she helps readers find a space for contemplation and creativity within their own lives.

With great wisdom and insight Lindbergh describes the shifting shapes of relationships and marriage, presenting a vision of life as it is lived in an enduring and evolving partnership. A groundbreaking, best-selling work when it was originally published in 1955, Gift from the Seacontinues to be discovered by new generations of readers. With a new introduction by Lindbergh's daughter Reeve, this fiftieth-anniversary edition will give those who are revisiting the book and those who are coming upon it for the first time fresh insight into the life of this remarkable woman.

The sea and the beach are elements that have been woven throughout Anne Morrow Lindbergh's life. She spent her childhood summers with her family on a Maine island. After her marriage to Charles Lindbergh in 1929, she accompanied him on his survey flights around the North Atlantic to launch the first transoceanic airlines. The Lindberghs eventually established a permanent home on the Connecticut coast, where they lived quietly, wrote books and raised their family.

After the children left home for lives of their own, the Lindberghs traveled extensively to Africa and the Pacific for environmental research.

January 17, 2025

Georgetown Hoyas Men's Basketball vs DePaul Sat ? Jan 17, 2024 ? 8PM **Capital One Arena** 

601 F St NW

Washington, DC 20004

08:00 PM - 10:00 PM EST

Update: No family limit on tickets!

Come cheer on the Georgetown Hoyas Men's Basketball Team as they play the DePaul Blue Demons. \$26 per ticket. Children two years old and younger do not need a ticket.

Tickets will be emailed to you. NO REFUNDS OR EXCHANGES, ALL

REGISTRATIONS ARE FINAL. Use monamarketplace if you need to sell or give away

tickets.

Seats will be in section 103. View from our seats:

February 8, 2025

## **MONA Member Social - February**

11:00 AM - 12:00 PM EST

Performer TBD

February 8, 2025

11am

Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the February social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

March 8, 2025

#### **MONA Member Social - March**

11:00 AM - 12:00 PM EST

Performer TBD

March 8, 2025

11am

Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the March social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

April 12, 2025

**MONA Member Social - April** 

11:00 AM - 12:00 PM EST Performer TBD

April 12, 2025 11am Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the April social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

April 30, 2025

2025 MONA School Fair

The Congressional School 3229 Sleepy Hollow Rd Falls Church, VA

06:30 PM - 08:00 PM EST

We are pleased to announce that MONA's Annual School Fair returns on April 30, 2025 at The Congressional School from 6:30-8:00pm. Local private schools and preschools - ranging from large independent schools to small local Montessori and faith-based schools -- will be represented.

Schools participating in this year's fair can be found here.

Attendance is free, but advanced registration is encouraged.

May 10, 2025

**MONA Member Social - May** 

11:00 AM - 12:00 PM EST Performer TBD

May 10, 2025 11am

Faith Lutheran Church

As always, this event is open to all and free to attend! MONA member socials are a fun and easy way to meet up with other MONA members and their kids. It is also a great way to introduce friends and family to MONA. Partners, grandparents, and friends are all welcome!

Our monthly socials need volunteers! Consider volunteering for the May social here. Two volunteers are needed for every social - one to open the building and help the entertainer set up and another to clean-up and close up the building. Please consider donating your time!

June 7, 2025

**MONA Annual Picnic** 

**TBD** 

Save the date! The MONA Annual Picnic is being held June 7!

Coming Soon

## MONA BEN: Special Informational Salon - New Real Estate Compensation Rules Private Residence (near Upton Hill)

07:00 PM - 09:00 PM EST

Coming Soon!

MONA BEN invites you to a special informational salon at a private residence near Upton Hills. As Chair of the MONA Business Entrepreneur Network (BEN), Marybeth Fraser is always focused on helping MONA BEN members excel in their entrepreneurial journeys, and staying informed about financial decisions is a big part of that.

As you may have heard real estate compensation has changed. It's important we understand what these changes mean for anyone going on the home buying or home selling journey now or in the future. As we all know, knowledge is power, and it's more important than ever to stay informed about how these adjustments may impact our real estate decisions.

During this event, Marybeth will walk through topics such as:

The National Association of Realtors settlement that led to these changes; How agreements and contracts have changed; and What buyers and sellers need to know when negotiating brokerage compensation.

This will be an informal and intimate gathering where you can ask questions and get clear, transparent answers. Beverages and snacks will be provided, and space is limited, so be sure to RSVP early to secure your spot. This salon is designed for non-real estate licensed professionals.