

Calendar of Events

May 27, 2025

May Book Club: "Crush: A Novel by Ada Calhoun"

East West Cafe

3101 Wilson Blvd

Arlington, VA 22201

07:00 PM - 08:30 PM EST

Join the MONA Book Club for our May Read: Crush: A Novel by Ada Calhoun

About the Book:

When a husband asks his wife to consider what might be missing from their marriage, what follows surprises them both—sex, heartbreak and heart rekindling, and a rediscovered sense of all that is possible

She's happy and settled and productive and content in her full life—a child, a career, an admirable marriage, deep friendships, happy parents, and a spouse she still loves. But when her husband urges her to address what the narrow labels of "husband" and "wife" force them to edit out of their lives, the very best kind of hell breaks loose.

Using the author's personal experiences as a jumping-off point, Crush is about the danger and liberation of chasing desire, the havoc it can wreak, and most of all the clear sense of self one finds when the storm passes. Destined to become a classic novel of marriage, and tackling the big questions being asked about partnership in postpandemic relationships, Crush is a sharp, funny, seductive, and revelatory novel about holding on to everything it's possible to love—friends, children, parents, passion, lovers, husbands, all of the world's good books, and most of all one's own deep sense of purpose.

Event Details

May 27, 2025

7:00 pm

East West Cafe, 3101 Wilson Blvd, Arlington, VA 22201

June 14, 2025

MONA Family Trail Running Event

Potomac Overlook Regional Park

2845 Marcey Road

Arlington, VA 22207

09:30 AM - 11:00 AM EST

All ages welcome at this FREE, fun, low-key trail running event at Potomac Overlook! Current MONA president and local running coach Kate Marden will lead families on an easy-paced trail run/walk/hike, with the expectation that there will be ample stops for snacks and rock throwing along Donaldson Run. Meet at 9:30 am at the picnic shelter beyond the tennis courts.

Event Details

June 14, 2025

9:30 - 11:00 am

Potomac Overlook Regional Park

2845 Marcey Road

Arlington, VA 22207

June 24, 2025

June Bookclub Meetup: The Wedding People by Alison Espach
East West Cafe
3101 Wilson Blvd
Arlington, VA 22201
07:00 PM - 08:30 PM EST

Join the MONA Book club for our June Read: The Wedding People by Alison Espach

About the book:

A propulsive and uncommonly wise novel about one unexpected wedding guest and the surprising people who help her start anew.

It's a beautiful day in Newport, Rhode Island, when Phoebe Stone arrives at the grand Cornwall Inn wearing a green dress and gold heels, not a bag in sight, alone. She's immediately mistaken by everyone in the lobby for one of the wedding people, but she's actually the only guest at the Cornwall who isn't here for the big event. Phoebe is here because she's dreamed of coming for years—she hoped to shuck oysters and take sunset sails with her husband, only now she's here without him, at rock bottom, and determined to have one last decadent splurge on herself. Meanwhile, the bride has accounted for every detail and every possible disaster the weekend might yield except for, well, Phoebe and Phoebe's plan—which makes it that much more surprising when the two women can't stop confiding in each other.

In turns absurdly funny and devastatingly tender, Alison Espach's The Wedding People is ultimately an incredibly nuanced and resonant look at the winding paths we can take to places we never imagined—and the chance encounters it sometimes takes to reroute us.

Event Details

June 24, 2025

7:00 pm

East West Cafe, 3101 Wilson Blvd, Arlington, VA 22201

June 28, 2025
- June 29, 2025

Smithsonian Sleepovers - Natural History Museum, Saturday, June 28 - Ages 8-14
National History Museum
10th Street and Constitution Ave.
Washington, Di 20560

06:30 PM - 09:00 AM EST

Smithsonian Nighttime Adventures at the Natural History Museum are back!

Join fellow adventurers at one of the world's most visited museum as the doors close, the lights dim, and the crowds shuffle out for the day. Wander through the Fossil Hall, where dinosaurs cast giant shadows. Learn about Earth's past, discover the ocean's aquatic wonders, blast off to the moon, visit pollinators, and walk softly past mysterious mammals. Participate in games and challenges, immerse yourself in hand-on crafts and even learn how to eat like a T-rex while playing The Game of Survival.

Cost: \$110/person (normally \$150/person!)

Ages: 8 to 14 years old. There must be at least one adult for every five children in any group that registers. No siblings younger than 8. No adults without children. Every person coming must register.

Date: Saturday, June 28

Schedule: (Previous schedule - subject to change)

6:30-7p.m. Check-in
7 to 7:30 p.m. Orientation and snack time
7:30 p.m. to 11:00 p.m. Interactive exploration of the museum, hands-on activities, Smithsonian Sleepover T-shirt sales
11:00 p.m. to 11:30 p.m. Get ready to sleep
11:30 p.m. Bedtime
7:30 a.m. Breakfast
8:00 a.m. Family store opens
8:45 a.m. Time to say farewell...

For more information on the program please go to this website. (Smithsonian Sleepovers - Smithsonian Associates)

PLEASE MAKE SURE EVERYONE IN YOUR GROUP HAS A TICKET.

-MONA does not offer refunds or transfers

-Please contact outings@monamoms.org with questions.

July 19, 2025
- July 20, 2025

Smithsonian Sleepovers - Natural History Museum, Saturday, July 19 - Ages 8-14
National History Museum
10th Street and Constitution Ave.
Washington, Di 20560
06:30 PM - 09:00 AM EST
Smithsonian Nighttime Adventures at the Natural History Museum are back!

Join fellow adventurers at one of the world's most visited museum as the doors close, the lights dim, and the crowds shuffle out for the day. Wander through the Fossil Hall, where dinosaurs cast giant shadows. Learn about Earth's past, discover the ocean's aquatic wonders, blast off to the moon, visit pollinators, and walk softly past mysterious mammals. Participate in games and challenges, immerse yourself in hand-on crafts and even learn how to eat like a T-rex while playing The Game of Survival.

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Date: Saturday, July 19

Schedule: (Previous schedule - subject to change)

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7 to 7:30 p.m. Orientation and snack time
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11:00 p.m. to 11:30 p.m. Get ready to sleep
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8:00 a.m. Family store opens
8:45 a.m. Time to say farewell...*

For more information on the program please go to this website. (Smithsonian Sleepovers - Smithsonian Associates)

PLEASE MAKE SURE EVERYONE IN YOUR GROUP HAS A TICKET.

*-MONA does not offer refunds or transfers
-Please contact outings@monamoms.org with questions.*

September 25, 2025

2025 MONA School Fair
The Congressional School
3229 Sleepy Hollow Rd
Falls Church, VA

06:30 PM - 08:00 PM EST

We are pleased to announce that MONA's Annual School Fair returns on September 25, 2025 at The Congressional School from 6:30-8:00 pm. Local private schools and preschools - ranging from large independent schools to small local Montessori and faith-based schools -- will be represented.

Schools participating in this year's fair will be updated on the website closer to the event.

Attendance is free, but advanced registration is encouraged.

May 20, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

<https://monaforums.groups.io/g/Tennis>,

If you are looking for an opportunity to hit the courts with a nice, fun group of women, please join us for MONA Tennis. Tennis meet-ups typically start with casual rallying and end with friendly match play. We meet on Tuesday nights from 7:30 - 9:00 pm at the Tuckahoe Park courts starting in May. All levels and abilities are welcome. All you need to participate is your racquet! For updates, please join the MONA Tennis subgroup on Groups.io.

May 21, 2025

Wednesday Baby Walk

Bon air park rose garden

850 N Lexington St.

Arlington, VA 22205

10:30 AM - 11:30 AM EST

Come with your baby in a stroller or carrier for a morning walk and get that fresh air. Dogs welcome. We'll start at Bon Air Park Rose Garden, meet up in the garden circle, and head out on the bike paths at 10:35. There is easy parking beside the garden. Rain or shine.

Any updates to this event will be posted in the New Moms groups.io forum.

May 27, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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May 28, 2025

Wednesday Baby Walk

Bon air park rose garden

850 N Lexington St.

Arlington, VA 22205

10:30 AM - 11:30 AM EST

Come with your baby in a stroller or carrier for a morning walk and get that fresh air. Dogs welcome. We'll start at Bon Air Park Rose Garden, meet up in the garden circle, and head out on the bike paths at 10:35. There is easy parking beside the garden. Rain or shine.

Any updates to this event will be posted in the New Moms groups.io forum.

May 31, 2025

MONA Annual Picnic

Bluemont Park

11:00 AM - 03:00 PM EST

May 31st is MONA's annual member picnic. Bring your family for a fun day at Bluemont Park. Event starts at 11am as our first performer takes the stage. Don't forget to register your family (\$5 and only one registration is needed per family). Every attendee gets a ticket for a free frozen treat!

The details:

Bluemont Park

May 31, 2025

11 AM - 3 PM

\$5 per family (only one registration needed per family)

Performer Schedule:

11:00 am: Bubbles with Molly

12:00 pm: Farmer Jim and His Animal Friends

1:00 pm: Rainbow Rock Band

2:00 pm: TBD

More information on food available during the picnic coming soon!

We need volunteers! Help out while meeting new members! Volunteer here.

June 3, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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June 7, 2025

New Moms and Dads Monthly Park Gathering

Location Varies - Check the subgroup forum

10:30 AM - 11:30 AM EST

MONA New Moms,

Come hang out with other new moms and dads first Saturday of the month at the park (location changes each month)

Updates to these events will be shared in WhatsApp, message the event organizer to be added to the Fall/Winter 2024 babies WhatsApp group if you're not already in it.

May: Quincy Park (1021 N Quincy St, Arlington, VA 22201)

June: Westover Park (1001 N Kennebec St, Arlington, VA 22205)

July: Bluemont Park (329 N Manchester St, Arlington, VA 22203)

June 10, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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June 17, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

<https://monaforums.groups.io/g/Tennis>,

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June 24, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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July 1, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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July 5, 2025

New Moms and Dads Monthly Park Gathering

Location Varies - Check the subgroup forum

10:30 AM - 11:30 AM EST

MONA New Moms,

Come hang out with other new moms and dads first Saturday of the month at the park (location changes each month)

Updates to these events will be shared in WhatsApp, message the event organizer to be added to the Fall/Winter 2024 babies WhatsApp group if you're not already in it.

May: Quincy Park (1021 N Quincy St, Arlington, VA 22201)

June: Westover Park (1001 N Kennebec St, Arlington, VA 22205)

July: Bluemont Park (329 N Manchester St, Arlington, VA 22203)

July 8, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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July 15, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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July 22, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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July 22, 2025

July Book Club Meetup: The Three Lives of Cate Kay by Kate Fagan

East West Cafe

07:00 PM - 08:30 PM EST

Join the MONA Book Club for our July Read: The Three Lives of Cate Kay by Kate Fagan

About the Book:

The Seven Husbands of Evelyn Hugo meets First Lie Wins in this electric, voice-driven debut novel about an elusive bestselling author who decides to finally confess her true identity after years of hiding from her past.

Cate Kay knows how to craft a story. As the creator of a bestselling book trilogy that struck box office gold as a film series, she's one of the most successful authors of her generation. The thing is, Cate Kay doesn't really exist. She's never attended author events or granted any interviews. Her real identity had been a closely guarded secret, until now.

As a young adult, she and her best friend Amanda dreamed of escaping their difficult homes and moving to California to become movie stars. But the day before their grand adventure, a tragedy shattered their dreams and Cate has been on the run ever since, taking on different names and charting a new future. But after a shocking revelation, Cate understands that returning home is the only way she'll be a whole person again.

Event Details

July 22, 2025

7:00 pm

East West Cafe, 3101 Wilson Blvd, Arlington, VA 22201

July 29, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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August 5, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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August 12, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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August 19, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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August 26, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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September 2, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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September 9, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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September 16, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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September 23, 2025

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Tuckahoe Park

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Arlington, VA 22207

07:30 PM - 09:00 PM EST

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September 25, 2025

MONA School Fair - 2025

The Congressional School

06:30 PM - 08:00 PM EST

We are pleased to announce that MONA's Annual School Fair returns on September 25, 2025 at The Congressional School from 6:30-8:00pm. Local private schools and preschools - ranging from large independent schools to small local Montessori and faith-based schools -- will be represented.

Closer to the event, we will update the list with schools participating in this year's fair.

Attendance is free, but advanced registration is encouraged. Registration will open in late March 2025.

September 30, 2025

MONA Tennis @ Tuckahoe Park

Tuckahoe Park

2400 N Sycamore St

Arlington, VA 22207

07:30 PM - 09:00 PM EST

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October 19, 2025

MONA Family Concert with Collective

Lacey Woods Park

03:00 PM - 05:00 PM EST

More information to come soon.

@ Lacey Woods Park

November 13, 2025

Holiday Market 2025

TBD

More information to come soon!