

## Calendar of Events

May 21, 2019

### **Moms Night Out: Spring Salon Night**

**Hollywood Nails**

**5015 Wilson Blvd.**

**Arlington, VA 22203**

07:30 PM - 10:00 PM

*Join MONA for Spring Salon Night 2019. Leave the kids at home, come relax, and enjoy a night of complimentary adult refreshments and salon services at exclusive member-only prices.*

*Choose from:*

*Paraffin Manicure only: \$6 (regularly \$16)*

*Paraffin Dip, Lotion, Hot Towel, Massage, Choice Of Polish*

*Regular Pedicure only: \$22 (regularly \$32)*

*Mint Scrub, Callus Removal, Lotion, Hot Towel, Massage, Choice Of Polish.*

*COMBO I: Paraffin Manicure + Regular Pedicure: \$35 (regularly \$45)*

*Gel Manicure only: \$25 (regularly \$35)*

*Paraffin Dip, Lotion, Hot Towel, Massage, Choice Of Gel Polish*

*COMBO II: Gel Manicure + Regular Pedicure: \$55 (regularly \$65)*

*NO ADDITIONAL SERVICES WILL BE AVAILABLE. GRATUITY NOT INCLUDED;*

*\*BRING CASH\* TO TIP ON THE REGULAR PRICE OF YOUR SERVICE.*

June 13, 2019

### **MOMS' NIGHT OUT: Summer Wine Tasting**

**The Brew Shop**

**2004 Wilson Blvd**

**Arlington, VA 22201**

07:00 PM - 09:00 PM

*One of the most popular moms' nights out - wine tasting - is back! We will be hosting our summer wine tasting at the MONA-owned store - The Brew Shop - in Courthouse.*

*On offer are 15 different wines from around the world - sparkling, whites, reds and roses - we have them all! Cheese, crackers and fruit will be provided to complement the wines.*

*Here's your chance to stock up on some light and refreshing summer wines for your summer parties and the pool. All wines will be available for purchase at a 10% discount for bottles and 15% for cases.*

**NON-MEMBERS ARE WELCOME!**

July 18, 2019

**Training on Infant & Child CPR/AED and Child and Infant choking rescue - 7/18/19**

**JW Tumbles Arlington**

**2499 N. Harrison Street**

**Arlington, 22207**

**06:30 PM - 08:30 PM**

*Training on Infant & Child CPR/AED and Child and Infant choking rescue*

*It takes two hours of your time to learn skills that could save your child's life. Experienced Intensive Care Registered Nurses (and MONA mom!) will teach this class.*

*During this class you will learn Infant and Child CPR, AED, and what to do if your infant or child is choking. These are skills everyone caring for an infant or child should have so that they will know what to do in an emergency situation.*

*This is the perfect class for parents. It's also a great class for your nanny, babysitter, or family member who might be caring for your child. Please note that this class is an adults-only class.*

*Member Fee: MONA is being offered a 15% group discount, bringing the cost down to \$60 (normally \$69.00) PER PERSON.*

*Please note: MONA does not offer refunds or transfers. Email [monaoutings@gmail.com](mailto:monaoutings@gmail.com) with questions.*

July 28, 2019

**Cirque du Soleil VOLTA Tysons II Sun 7/28 12:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

**08:00 PM - 10:15 PM**

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

*Waz, a gameshow contestant, has lost touch with himself. He's ashamed of who he is because of his difference. Follow him as he enters the show in search of fame, thinking that this will bring him love and acceptance from others. What he will find is something else. That fame is not the answer. If fame doesn't provide freedom and acceptance, then what does? Will WAZ reconnect with his true self – and stand up for all that makes him truly unique? Will he realize that his difference is what makes him extraordinary?*

*MONA Members enjoy 25% off regular ticket prices in every category:*

*Premium seats in sections 101, 102: \$99.50*

*Level 1 seats in sections 103, 104, 200, 201, 202: \$86.00*

*Level 2 seats in sections 203 and 204: \$69.15*

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August 4, 2019

**Cirque du Soleil VOLTA Tysons II Sun 8/4 12:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

12:30 PM - 02:45 PM

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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August 10, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/10 7PM**

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**8025 Galleria Drive**

**Tysons, VA 22102**

07:00 PM - 09:15 PM

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August 11, 2019

**Cirque du Soleil VOLTA Tysons II Sun 8/11 12:30PM**

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**Tysons, VA 22102**

12:30 PM - 02:45 PM

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**JW Tumbles Arlington**  
**2499 N. Harrison Street**  
**Arlington, 22207**  
06:30 PM - 08:30 PM  
*Training on Infant & Child CPR/AED and Child and Infant choking rescue*

*It takes two hours of your time to learn skills that could save your child's life. Experienced Intensive Care Registered Nurses (and MONA mom!) will teach this class.*

*During this class you will learn Infant and Child CPR, AED, and what to do if your infant or child is choking. These are skills everyone caring for an infant or child should have so that they will know what to do in an emergency situation.*

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August 17, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/17 7PM**  
**Under the Grand Chapiteau**  
**8025 Galleria Drive**  
**Tysons, VA 22102**

07:00 PM - 09:15 PM

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August 18, 2019

**Cirque du Soleil VOLTA Tysons II Sun 8/18 12:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

12:30 PM - 02:45 PM

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**Tysons, VA 22102**

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August 25, 2019

**Cirque du Soleil VOLTA Tysons II Sun 8/25 12:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

12:30 PM - 02:45 PM

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**Cirque du Soleil VOLTA Tysons II Sun 8/25 4PM**

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**8025 Galleria Drive**

**Tysons, VA 22102**

04:00 PM - 06:15 PM

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September 1, 2019

**Cirque du Soleil VOLTA Tysons II Sun 9/1 12:30PM**

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**8025 Galleria Drive**

**Tysons, VA 22102**

12:30 PM - 02:45 PM

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June 7, 2019

**Special Moms Meet-Up**

**Cafe Kindred**

**450 N Washington St**

**Falls Church, VA 22046**

09:30 AM - 11:30 AM EST

Maribel Adydan,

maribelgarz@yahoo.com

*Join other moms of kids with special needs for coffee and conversation. This event is for mom's only. No need to register.*

June 12, 2019

**Rosslyn-Ballston Corridor Working Moms Group Lunch**

**Northside Social**

**3211 Wilson Blvd**

**Arlington, VA 22201**

12:00 PM - 01:00 PM EST

Caroline Holt,

caroline@toyingwiththis.com

*Do you work in the Rosslyn, Courthouse, Clarendon or Ballston area? If so, join our monthly lunch group! Our group is a great combo of MONA work from home and work from work mammamas with kids of all ages and at all stages. Come join us during the day while childcare is covered.*

*Never any pressure to attend or even be on time, so this shouldn't add to your weekly stressors.*

*This is a standing lunch on the 2nd Wednesday of the month. You order and pay a la cart! Will we sit outside weather permitting and if not we'll be in the back.*

June 13, 2019

**Board Meeting**

10:00 AM - 11:00 AM EST

10am

Corry Hall, CUMC

All are welcome.

June 20, 2019

**Training on Infant & Child CPR/AED and Child and Infant choking rescue - 6/20/19**

**JW Tumbles Arlington**

**2499 N. Harrison Street**

**Arlington, 22207**

**06:30 PM - 08:30 PM EST**

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June 21, 2019

**Summer Ice Cream Social**

**TBD**

**03:00 PM - 05:00 PM EST**

*Come out to the park for a giant play date and free ice cream for all.*

*This is a member-only event.*

June 22, 2019

**Expectant Moms Meet Up**

**Le Pain Quotidien**

**2900 Clarendon Blvd**

**Arlington, VA 22201**

**12:00 PM - 01:30 PM EST**

Sara Grawe,

[monaexpectantmoms@yahoo.com](mailto:monaexpectantmoms@yahoo.com)

*MONA Expectant Moms Meet Up*

July 5, 2019

**Special Moms Meet-Up**

**Cafe Kindred**

**450 N Washington St**

**Falls Church, VA 22046**

**09:30 AM - 11:30 AM EST**

Maribel Adydán,

[maribelgarz@yahoo.com](mailto:maribelgarz@yahoo.com)

*Join other moms of kids with special needs for coffee and conversation. This event is for mom's only. No need to register.*

July 10, 2019

**Rosslyn-Ballston Corridor Working Moms Group Lunch**

**Northside Social**

**3211 Wilson Blvd**

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12:00 PM - 01:00 PM EST

Caroline Holt,

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July 26, 2019

**Expectant Moms Meet Up**

**Le Pain Quotidien**

**2900 Clarendon Blvd**

**Arlington, VA 22201**

06:30 PM - 08:00 PM EST

Sara Grawe,

monaexpectantmoms@yahoo.com

*MONA Expectant Moms Meet Up*

July 30, 2019

**Cirque du Soleil VOLTA Tysons II Tu 7/30 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

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July 31, 2019

**Cirque du Soleil VOLTA Tysons II Wed 7/31 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

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*MONA Members enjoy 25% off regular ticket prices in every category:*

*Premium seats in sections 101, 102: \$132.00*

*Level 1 seats in sections 103, 104, 200, 201, 202: \$107.00*

*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 2, 2019

**Cirque du Soleil VOLTA Tysons II Fri 8/2 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 1 seats in sections 103, 104, 200, 201, 202: \$81.20*

*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 3, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/3 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:15 PM EST

Outings,

outings@monamoms.org

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 1 seats in sections 103, 104, 200, 201, 202: \$81.20*

*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 3, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/3 7PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:00 PM - 09:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 6, 2019

**Cirque du Soleil VOLTA Tysons II Tu 8/6 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

*Waz, a gameshow contestant, has lost touch with himself. He's ashamed of who he is because of his difference. Follow him as he enters the show in search of fame, thinking that this will bring him love and acceptance from others. What he will find is something else. That fame is not the answer. If fame doesn't provide freedom and acceptance, then what does? Will WAZ reconnect with his true self – and stand up for all that makes him truly unique? Will he realize that his difference is what makes him extraordinary?*

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*Premium seats in sections 101, 102: \$132.00*

*Level 1 seats in sections 103, 104, 200, 201, 202: \$107.00*

*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 7, 2019

**Cirque du Soleil VOLTA Tysons II Wed 8/7 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

*Waz, a gameshow contestant, has lost touch with himself. He's ashamed of who he is because of his difference. Follow him as he enters the show in search of fame, thinking that this will bring him love and acceptance from others. What he will find is something else. That fame is not the answer. If fame doesn't provide freedom and acceptance, then what does? Will WAZ reconnect with his true self – and stand up for all that makes him truly unique? Will he realize that his difference is what makes him extraordinary?*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 8, 2019

**Cirque du Soleil VOLTA Tysons II TH 8/8 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 9, 2019

**Cirque du Soleil VOLTA Tysons II Fri 8/9 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 10, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/10 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:15 PM EST

Outings,

outings@monamoms.org

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 3 seats in sections 205 and 206: \$46.10*

August 13, 2019

**Cirque du Soleil VOLTA Tysons II Tu 8/13 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 14, 2019

**Cirque du Soleil VOLTA Tysons II Wed 8/14 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 15, 2019

**Cirque du Soleil VOLTA Tysons II TH 8/15 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 16, 2019

**Cirque du Soleil VOLTA Tysons II Fri 8/16 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 3 seats in sections 205 and 206: \$46.10*

August 17, 2019

**Expectant Moms Meet Up**

**Le Pain Quotidien**

**2900 Clarendon Blvd**

**Arlington, VA 22201**

12:00 PM - 01:30 PM EST

Sara Grawe,

monaexpectantmoms@yahoo.com

*MONA Expectant Moms Meet Up*

August 17, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/17 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:15 PM EST

Outings,

outings@monamoms.org

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 3 seats in sections 205 and 206: \$46.10*

August 20, 2019

**Cirque du Soleil VOLTA Tysons II Tu 8/20 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

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August 21, 2019

**Cirque du Soleil VOLTA Tysons II Wed 8/21 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 22, 2019

**Cirque du Soleil VOLTA Tysons II TH 8/22 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 23, 2019

**Cirque du Soleil VOLTA Tysons II Fri 8/23 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 24, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/24 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:15 PM EST

Outings,

[outings@monamoms.org](mailto:outings@monamoms.org)

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 24, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/24 7PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:00 PM - 09:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 3 seats in sections 205 and 206: \$57.00*

August 27, 2019

**Cirque du Soleil VOLTA Tysons II Tu 8/27 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 28, 2019

**Cirque du Soleil VOLTA Tysons II Wed 8/28 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

August 29, 2019

**Cirque du Soleil VOLTA Tysons II TH 8/29 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

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*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 30, 2019

**Cirque du Soleil VOLTA Tysons II Fri 8/30 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

*Waz, a gameshow contestant, has lost touch with himself. He's ashamed of who he is because of his difference. Follow him as he enters the show in search of fame, thinking that this will bring him love and acceptance from others. What he will find is something else. That fame is not the answer. If fame doesn't provide freedom and acceptance, then what does? Will WAZ reconnect with his true self – and stand up for all that makes him truly unique? Will he realize that his difference is what makes him extraordinary?*

*MONA Members enjoy 25% off regular ticket prices in every category:*

*Premium seats in sections 101, 102: \$95.75*

*Level 1 seats in sections 103, 104, 200, 201, 202: \$81.20*

*Level 2 seats in sections 203 and 204: \$65.75*

*Level 3 seats in sections 205 and 206: \$46.10*

August 31, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/31 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:15 PM EST

Outings,

[outings@monamoms.org](mailto:outings@monamoms.org)

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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August 31, 2019

**Cirque du Soleil VOLTA Tysons II Sat 8/31 7PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:00 PM - 09:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*Level 3 seats in sections 205 and 206: \$46.10*

September 3, 2019

**Cirque du Soleil VOLTA Tysons II Tu 9/3 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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*MONA Members enjoy 25% off regular ticket prices in every category:*

*Premium seats in sections 101, 102: \$132.00*

*Level 1 seats in sections 103, 104, 200, 201, 202: \$107.00*

*Level 2 seats in sections 203 and 204: \$81.00*

*Level 3 seats in sections 205 and 206: \$57.00*

September 4, 2019

**Cirque du Soleil VOLTA Tysons II Wed 9/4 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

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*Level 3 seats in sections 205 and 206: \$57.00*

September 5, 2019

**Cirque du Soleil VOLTA Tysons II TH 9/5 7:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:30 PM - 09:45 PM EST

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*Level 3 seats in sections 205 and 206: \$46.10*

September 6, 2019

**Cirque du Soleil VOLTA Tysons II Fri 9/6 8PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

08:00 PM - 10:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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September 7, 2019

**Cirque du Soleil VOLTA Tysons II Sat 9/7 3:30PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

03:30 PM - 05:45 PM EST

Outings,

[outings@monamoms.org](mailto:outings@monamoms.org)

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September 7, 2019

**Cirque du Soleil VOLTA Tysons II Sat 9/7 7PM**

**Under the Grand Chapiteau**

**8025 Galleria Drive**

**Tysons, VA 22102**

07:00 PM - 09:15 PM EST

*VOLTA tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. Inspired in part by the adventurous spirit that fuels the culture of action sports, the show weaves acrobatics in a visually striking world driven by a stirring melodic score.*

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September 27, 2019

**Expectant Moms Meet Up**

**Le Pain Quotidien**

**2900 Clarendon Blvd**

**Arlington, VA 22201**

06:30 PM - 08:00 PM EST

Sara Grawe,

monaexpectantmoms@yahoo.com

*MONA Expectant Moms Meet Up*

October 17, 2019

**Annual Pre-School Fair 2019**

**Williamsburg Middle School**

07:00 PM - 09:00 PM EST

*Annual MONA Preschool Fair*

Coming Soon

**Business Entrepreneurs Network Cocktails & Conversation**

07:00 PM - 09:00 PM EST

B.E.N.,

monaben487@gmail.com

*The next Business and Entrepreneurs Network (BEN) monthly meeting is COCKTAILS & CONVERSATION the evening of \_\_\_\_\_ from 7-9pm. Please join us!*

*We'll gather at Marybeth Fraser's home, BEN co-chair. The address will be sent to all registrants the day-of.*